

Restore the Bay 5K

Liability Release Form

I hereby release the St. Albans Area Watershed Association and all volunteers and sponsors of the "Restore the Bay 5K" from any liability for injuries or damages sustained by me or my property in connection with this event as a participant or observer. I further attest that I am physically conditioned to safely participate in this event and do so at my own risk. I realize that I will be running or walking on public thoroughfares that are not closed to traffic and I am fully responsible for my own health, safety and wellbeing.

Signature _____
(if participant is under 18 years of age, Guardian signature required)

Event Date: June 8, 2013

Printed Name _____