

# TAKE A STAKE IN THE LAKE

## A FAMILY-FRIENDLY EVENT

Celebrate Lake Champlain and learn ways to improve & protect our waters

# SAT. JUNE 9. 2018

# RESTORE

*the*

# BAY

## 5K WALK/RUN

A timed all-ages race from Kill Kare to St. Albans Bay Park

**MORE INFO/PRE-REGISTER: [SAAWAVT.ORG](http://SAAWAVT.ORG)**

**ON-SITE REGISTRATION | 8:00am**

**ST. ALBANS BAY TOWN PARK**

Shuttle Bus to Kill Kare leaves Bay Park | 8:40am

Race Starts (Kamp Kill Kare State Park) | 9:00am

**FREE FOOD, PRIZES  
& LOCAL BREWS**  
for purchase



## KIDS' ACTIVITIES!

**10:00am – 12:00pm**

**KIDS RACES, BOUNCY HOUSE,  
AN APPEARANCE BY CHAMP & MORE!**

## TAKE A STAKE IN THE LAKE CLEAN WATER FAIR

**A HANDS-ON EVENT TO LEARN ABOUT  
LAKE-FRIENDLY LIVING!**

**10:00am – 12:30pm**

Browse info displays from many lake advocates, agencies and associations. Learn about native plantings, erosion prevention, healthy soil, manipulate a stream table, learn how to minimize runoff, practice healthy lawn care, combat invasive species & more.

**PARTICIPANTS:** Natural Resource Conservation Service (NRCS),  
Lake Champlain Land Trust (LCLT), Lake Champlain Committee (LCC),  
Franklin County Stormwater Collaborative and Northwest Regional Planning Commission,  
Lake Champlain Basin Program (LCBP), Lake Champlain International (LCI),  
Friends of Northern Lake Champlain (FNLC),  
Lake Champlain Sea Grant (LCSG) / UVM Extension / Watershed Alliance,  
VTDEC Aquatic Invasive Species, Bayside Marina



**SAINT ALBANS AREA WATERSHED ASSOCIATION**

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